

Have your questions answered by our Dietitian.



Megan Campbell, MS, RD, LDN is the registered dietitian for Northwestern University. She received her Bachelor of Arts degree in biology from Whitman College, and her Master of Science degree in nutrition from Bastyr University. Her background in both traditional and natural health allows her to provide nutrition counseling and education with a holistic focus. She enjoys empowering others to make the healthy choices and changes they need to ward off illness, recover from injury, enhance their overall health and well-being and lead the fullest lives they can. She is also an ACE certified personal trainer and believes that diet and exercise play equally important roles in achieving overall wellness.