

Watch for Well-Balanced Menu Solutions!

...good food that tastes great
is your reason for
eating healthy!

Wellness entrees and salad
recipes
were developed by our regional
and national chefs and
dietitians.

Better By Design
has healthier
cuisine...

Hours

Monday - Friday

7:00am - 9:00am breakfast
9:00am-10:00am Continental
11:00am-2:00pm Lunch
5:00pm - 7:00pm Dinner

Saturday - Sunday

11:00am - 1:30pm Brunch
5:00pm - 6:30pm Saturday Dinner
5:00pm-7:00pm Sunday Dinner

Managers

General Manager

Steve Sweda X1260

Catering Manager

Jeff Durham X1262

chef

Executive Chef

Raymond Tracy



Ervin Dining Hall Menu

Monday 11/2

Breakfast: Grits, Scrambled Eggs, Sausage Gravy & Biscuits, Buttermilk Pancakes, Tater Tots, Egg & Cheese on French Toast, Turkey Sausage Links

Lunch: Asian Noodle Soup, Sloppy Joe Sandwiches, Tater Tots, Steamed Corn, Glazed Carrots, Parmesan Eggplant, Spaghetti with Olives & Tomatoes

Dinner: Chicken & Dumplings, Mashed Potatoes, Steamed Broccoli, Steamed Succotash

Tuesday 11/3

Breakfast: Grits, Scrambled Eggs, Sausage Gravy & Biscuits, French Waffles, Pizza Pockets, Hash Browned Potatoes, Ham Steak.

Lunch: Vegetable Soup, Pad Thai Tofu Stir Fry, Corn on the Cob, Hot Dogs w/Nachos, Steamed Squash & Zucchini, Roasted Cajun Red Potatoes, Spaghetti w/Marinara Sauce

Dinner: Herbed Turkey Breast with Gravy, Chicken & Gravy, Bread Stuff Dressing, Steamed Corn, Steamed Green Beans Cheese Stuffed Pasta Shells

Wednesday 11/4

Breakfast: Grits, Scrambled Eggs, Sausage Gravy & Biscuits, Blueberry Pancakes, Bacon Egg & Cheese Bagel, Home Fries Potatoes, Crisp Bacon.

Lunch: Cream of Broccoli Soup, Fried Chicken, Baked Chicken, Collard Greens, Macaroni & Cheese, Rice, Black-eyed Peas

Dinner: Buttermilk Pancakes, Hash Browns, Scrambled Eggs, Grilled Kielbasa

Thursday 11/5

Breakfast: Grits, Scrambled Eggs, Sausage Gravy & Biscuits, French Toast Sticks, Tri-Taters, Pork Sausage Patties, Ham Egg & Cheese Biscuit.

Lunch: Chicken Noodle Soup, Spaghetti with Clam Sauce, Chicken Cordon Blue, Rice Pilaf, Steamed Cauliflower, Steamed Broccoli, Cheese Ravioli w/Marinara

Dinner: Milk Braised Pork, Corn on the Cob, Collard Greens, Redskin Potatoes

Friday 10/30

Breakfast: Grits, Scrambled Eggs, Sausage Gravy & Biscuits, Chocolate Chip Pancakes, Home Fries, Bacon Egg & Cheese Biscuit, Raspberry Sour Cream Muffins.

Lunch: Beef Vegetable Soup, Baked Ziti, Steamed Spinach, Garlic Bread, Stewed Zucchini & Tomatoes, Vegan Soft Tacos.

Dinner: Golden Fried Catfish, Rice, Steamed Corn, Spinach Lasagna

Saturday 10/31

Brunch: Grits, Scrambled Eggs, Sausage Gravy & Biscuits, Texas French Toast, Shredded Hash Browns, Sausage Links, Ground Salisbury Steak, Mashed Potatoes, Steamed Peas, Steamed Corn

Dinner: Fritter Turkey, Brown Rice, Steamed Broccoli Crowns, Steamed Slice Carrots, Vegetarian Lo-Mein Stir Fry.

Sunday 11/1

Brunch: Grits, Scrambled Eggs, Sausage Gravy & Biscuits, Home Fries, Blueberry Waffles, Roasted Pork Loin with Gravy, Herb Roasted Red Potatoes, Broccoli w/Cheese

Dinner: Roasted Beef Top Round, Au Jus Sauce, Garlic Mashed Potatoes, Steamed Green Beans, Ratatouille, Vegetable & Cheese Quesadilla

